



Parents / Guardians Information Sheet on Daily Health Assessment for Students

The information in this document has been taken from the BC Centre for Disease Control Coronavirus COVID-19 Guidelines, updated on September 17, 2020.

All parents / guardians have the responsibility to conduct a Daily Health Assessment of their student each day before sending them to school. **Do not return the assessment to your school – keep this at home for your daily reference.**

Student Daily Health Assessment			
1. Key Symptoms of Illness		Does the student have any of the following symptoms?	
Fever		YES	NO
Chills		YES	NO
Cough or worsening of chronic cough		YES	NO
Shortness of breath		YES	NO
Loss of sense of smell or taste		YES	NO
Diarrhea		YES	NO
Nausea and vomiting		YES	NO
2. International Travel	Has the student returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Is the student a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), the student should stay home for 24 hours from when the symptoms started. If the symptoms improve, the student may return to school when feeling well enough. If the symptoms persist or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Key Symptoms of Illness’ or the student has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the student should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, the student should stay home until told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public Health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, the student can return to school once symptoms have improved and feels well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless the student develops a new illness.
- If a COVID-19 test is **recommended but not completed** because you choose not to have the student tested, or do not seek a health assessment when recommended, and the symptoms are not related to a previously diagnosed health condition, the student should stay home from school until 10 days after the onset of symptoms, and return when feeling well enough.

If a COVID-19 test is not recommended by the health assessment, the student can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to Questions 2 or 3, use the [COVID-19 Self-Assessment](#) Tool to determine if the student should seek testing for COVID-19.