



Time of the Buttercups

February 2019

sknir'mən (February)



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Indigenous Education

Wai? (hello),

Happy February everyone! This is the month of love and kindness. At my previous school, we wore our pink shirts every Wednesday to display the importance of being kind to one another. We guide the kids to be proactive and how to handle conflict if it arises. If we all teach the kids how to resolve conflict before it gets too big, we would be working towards a more peaceful community.



Office News :

2019 FOCUS: CYBERBULLYING

The dawn of social media brought with it a whole new way to interact, communicate, and even bully. But in this digital world where filtered photos and crafted messages can be posted in an instant, it often takes more time and effort to say something mean than it does to say something nice. Kindness requires no manipulation, no focusing on the negatives, and no filtering of yourself. It's simply, truly nice. For social media users, we want them to **THINK** before they post. We want them to ask themselves if it is: **True, Helpful, Inspiring, Necessary and KIND.**



Culture :

Louis Riel Day at KVR will be this Friday, February 8th, 2019. It is an all day event and there will be several Indigenous staff assisting with the events. Thank you principals for understanding how important it is for our staff to help on this day. It looks like a fun filled day for students!

The ONA Wellness Committee have been supporting family relationships with their You Empowered & Strong (YES) program, since 2017. They have been changing community norms that support and perpetuate violence by looking at the way we speak to loved ones. They have been distributing nsylxcen & English 'love language' candies throughout syilx communities as a means to campaign and create more understanding of the YES program, alongside promoting syilx culture and values. This campaign takes place to raise awareness of issues of violence in our communities. Let's all use love language when we are engaging with anyone in our lives.

<https://www.syilx.org/welovelanguage-campaign/>

You can also go to facebook and add Nselxcin Word of the Day to hear a new word daily.

Universal Value of the Month:



Love is:

- ◆ A strong positive emotion of affection
- ◆ When you choose to be at your best when the other person is not at their best
- ◆ When what you want is never important, but what the other person needs and wants is always paramount

Date	Event
Wed, Feb 6	12:00-1:30pm The Story of Indigenous Bees and Wildflowers of the Okanagan At the En’owkin centre. Free Admission 11:00-1:30pm Pathway to Partnership at the Sandman
Fri, Feb8th	Louis Riel Day - KVR all day
Wed, Feb 13th	Moosehide Campaign - day of fasting
Fri, Feb 15th	Pro-D Day. Library Indigenous Resources
Monday, February 18th	Family Day, Enjoy the weekend with your beautiful families!
Friday, February 22nd	Tanya Talaga keynote for Kelowna’s Pro-D Day 8:30-4:30 IndigenEYEZ at Shatford Centre
Wed, Feb 27	8:30-11:30am Soapstone Carving at PIB Health Centre
Thurs, Feb 28th	9-12 ISW sharing time. Please be prepared to share what your school is doing. We will also talk about Cultural Bridges 1:00-2:30pm Indigenous Staff Meeting

Moosehide Campaign—Standing up against violence towards women and children

The Moose Hide Campaign is a grassroots movement of Indigenous and non-Indigenous men and boys who are standing up against violence towards women and children.

Wearing this moose hide signifies your commitment to honour, respect, and protect the women and children in your life and to work together to end violence against women and children.



What can you do?

One of the most important things that you can do to help end violence against Women and Children is to promote gender equity, healthy relationships, and positive ideas of masculinity by speaking out against gender-based violence.

IT'S OKAY TO DISLIKE SOMEONE, OR EVEN DISLIKE SOMEONE FOR NO REASON. BUT IT'S NOT OKAY TO DISRESPECT, DEGRADE, AND HUMILIATE THAT PERSON
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