



School District No. 67 (Okanagan Skaha)

KVR

Middle School/École Intermédiaire

300 Jermyn Avenue, Penticton, B C V2A2E1

Phone: (250) 770-7600 Fax: (250) 770-7610

Principal: Steve DeVito Vice-Principal: Michelle Glibbery



February 2019

Administrator's Message

February and March are very busy months here at KVR. We have students heading off to Quebec very shortly. Basketball season is wrapping up. Also, preparations for our Gr. 6 Metis Gathering, and our 'Winter Dance' are underway.

We'd like to remind all members of our community about the importance of regular communication between home and school. This is a great way to support our students as they navigate their way through middle school and get them ready for the next steps in their education. Interim reports will be sent home next week for students who may need some extra support. If you have concerns, please set up an appointment with your child's teacher. Parent teacher interviews will occur on February 19th and 20th. We will be booking appointments through our 'on-line' system. Information on how to complete this process will be sent out this week.

- Mr. Steve DeVito and Mrs. Michelle Glibbery

PAC

Reminder to all parents that our PAC meets every second Wednesday of the month, in the KVR library, at 6:00 pm. This month our PAC will meet on **Wednesday, February 13th**.

Upcoming PAC Meetings: **April 10th, May 8th, and June 12th**.



Class Photos

Class photos will be taken on Feb. 26th. These photos will be available for students to pre-order. Photo examples will be put up in class rooms for students to see. There will be both a serious pose & a humorous pose taken. More information on how to order these will be sent home.

Attendance

Regular attendance at school is expected and critical for student success. However, if due to illness or unforeseen circumstances your child is absent, we would appreciate a phone call to the school.

INTERIM REPORTS AND PARENT-TEACHER MEETINGS

During the week of Feb. 4th - 8th teachers will be sending home interim reports for **students who may be struggling and/or not meeting expectations in their classes**. We would also like to encourage any parents with concerns about their child's achievement to join us for parent-teacher interviews on Tuesday and Wednesday, February 19th /20th from 2-6 pm. These are early dismissal days. Students will be released at 12:55 pm to allow for scheduling of interviews. (Buses will be running at regular times) We will be using an 'on-line booking' system for these interviews. Information on how to sign up for appointments will be sent home in an 'e-mail / call-out' on February 5th. Appointments will be available for online sign up on February 5, 2019 after 4:00 PM.

Athletics

Basketball season is coming to a close with the last play days on February 6 for the Grade 6 Girls (KVR), Grade 7 Girls (SMS), and the Grade 7 Boys (SLMS). Grade 6 Boys will be on February 7th (SMS). Grade 8's will begin playoffs in the first and second week of February. Both the Grade 8 Boys' and Girls' teams are undefeated in league play.

Spring sports will be rugby, track, and possibly field hockey, if there is interest.

Badminton is still going strong and a special thank you to Ms. Sluyter and Mr. Cargin for their dedication to the club this year.

Climbing club is also being very well attended. The students are learning new moves and improving every time they go to practice. Thank you to Mr. Korvin and Mr. Sabourin for volunteering.

Once again we would like to thank all of our volunteer coaches for the time spent with our student athletes. Thank you also to our parent drivers!

Snow Ball Dance

The Me2We Club is hosting the Valentine's Day Snow Ball on Thursday, February 14th after lunch. Admission to the dance is by food item donation for the local Food Banks. There will also be a concession selling baked goods and other snacks as well as games in the Multipurpose Room to raise additional funds for We Villages projects around the world. DJ will be spinning tunes from the 80s as well as modern popular music. There will be alternative activities for those who don't want to participate in the dance.

Appreciations!

A big KVR thank you goes to Ms Styles for making and donating a beautiful Kit Kat house to be raffled off to raise funds for our Christmas Hampers.

Thank you, also, to Mrs Sturko and Mrs Leppky for spearheading a campaign to collect gift cards and donations for our Christmas hampers! Also, thank you to Mme Cornett-Ching's class for creating a very special Christmas hamper!

KVR Yearbooks 2018/19

Yearbooks are still being pre-sold for \$45. Payments can be made on-line or by cheque to Ms. Tank. Please make cheques payable to KVR Middle School.



Everyone welcome!

Your local Canadian Parents for French (CPF) Chapter is hard at work providing school trips, bursaries, scholarships, classroom resources and activities to enhance French learning for our French Immersion and Core French students.

Minimal time commitment and enhance your kid's French learning experience.

Come out and see what we are all about...no French skills required ☺

Our next meeting is **Tuesday February 19, 2019 7pm KVR Middle School Library**

Any questions? Email us at cccstewart@telus.net

Like us on Facebook:
Canadian Parents for French – Okanagan/Skaha Chapter, BC SD67

Valograms

Students will be able to purchase Valograms during the week of Feb 6-13 for delivery on Feb 14. Students often purchase these Valograms for friends and it is intended to be a fun event. Valograms include a treat and a personal note. Prices will range between \$.50 - \$3 per Valogram and all proceeds go towards other Leadership events throughout the school.



Transfer Requests Reminder 2019

The window for students requesting transfers from their catchment/current school to another school in School District No. 67 for the September 2019/2020 school year is **8:00 am, February 1, 2019 to 4:00 pm, April 15, 2019**. Transfer requests received prior to February 1 will be date / time stamped as "February 1, 2019, 8:00am" and transfer requests received after April 15 may not be considered until September 2019.

Pink Shirt Day Week

February 27, 2019 is Pink Shirt Day. This Day is meant to bring awareness to the issue of bullying and



how all of us have a responsibility to be kind and to stand up for others. Leadership 8 students will be running various events before school and at lunch during that week in order to promote kindness and caring in our school's culture. Students can stay tuned to announcements to see how they can help fuel the kindness movement!

Mental Health Literacy

This month our focus on Mental Health Literacy included a staff meeting presentation on ADHD. ADHD is a disorder of executive functioning, which are the skills we use to plan, focus attention, remember instructions, and juggle multiple tasks. Our executive functioning is the control centre of filtering distractions, prioritizing tasks, setting and achieving goals, and controlling impulses, so when our executive functioning skills are reduced, we may find that we struggle with these skills! ADHD shows up in three main domains: attention, hyperactivity and/or impulsivity, and is noticeable before the age of twelve. While some youth and adults have been formally diagnosed with ADHD, more and more of us are experiencing ADHD-like symptoms, in part because of how distracted we've become by our technology! Our hand held devices place an inordinate burden on our focus and attention, so we too struggle with our executive functioning skills. Fortunately, there is abundant research into improving symptoms of ADHD, and there are many ways to improve these skills.

Mental Health Resource of the Month

The Centre on the Developing Child at Harvard University offers a three part series on Executive Function and Self-Regulation that is an excellent resource for parents who wish to learn more.
<https://developingchild.harvard.edu/science/key-concepts/executive-function/>

PARENTING ANXIOUS KIDS PENTICTON

A 3-Session program for parents of anxious children

Some anxiety is normal but if your child's anxiety seems to be worse than others, or stops them from enjoying daily life, we can give you tools to help them cope.



PROGRAM INFORMATION

Dates: Fridays - February 15, 22 & March 1, 2019
Time: 1:00 – 2:30 pm
Where: Rm 138, Penticton Health Centre
740 Carmi Ave, Penticton
To Register: Contact reception - 250-487-4422

Canadian Parents for French presents
Carnaval D'Hiver 2019
Sunday Mar 3, 2019
2:30pm-5:30pm
Apex Mountain Resort Tube Park

Unlimited Tubing! Feast on Hotdogs!
Warm up with Hot Chocolate!
ScAVenger Hunt! Meet BonHomme!
Roch, the Maple Man!

Fun for the Whole Family!!
Just \$5 per person

Please see your French Teacher
for a registration form

Everyone Welcome!!

Presented with support from the CPF Regional Branch and the BC Ministry of Education



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Life Over the Influence

A FREE 6-week group for parents and caregivers who have been negatively impacted by an adolescent's problematic use of substances.

Increase your understanding of problematic substance use, enhance your wellbeing, and decrease your isolation tendencies.

Where: Pathways Addictions Resource Centre

When: March 13, 20, 27, and April 3, 10, 17

Time: 5:30pm to 7:30pm

A SCREENING INTERVIEW is required. Please call 250-492-0400 ext. 207 to schedule.

Pathways Addiction Resource Centre
1-996 Main Street, Penticton, B.C., V2A 5E4
Phone (250) 492-0400 Fax (250) 492-4058
Email: info@pathwaysaddictions.ca
www.pathwaysaddictions.ca

Upcoming Dates to Remember!

- Feb 1st (Noon) Deadline for French Immersion Application
- Feb 4-8th Interim Report Week
- Feb 8th – Grade 6 – *Louis Riel Metis Gathering*
- Feb. 14-20th Quebec Trip
- Feb 15th Professional Development Day (Students not at school)
- Feb. 18th – Family Day Holiday – no school
- Feb 19 and 20 - Early Dismissal Days to accommodate Parent / Teacher Interviews
- Feb 27– Pink Shirt Day
- March 3rd CPF Carnaval D’Hiver 2018– 3:00 – 5:30 Apex Mountain Resort
- March 13th – Term 2 Report Cards issued
- March 15th – Last day prior to Spring Break.