



Uplands Elementary

145 Middle Bench Road South
Penticton, BC V2A 8S7
250-770-7678

Parent/Student Handbook



2009-2010



Unlimited Opportunities

Positive Environment

Learning Community

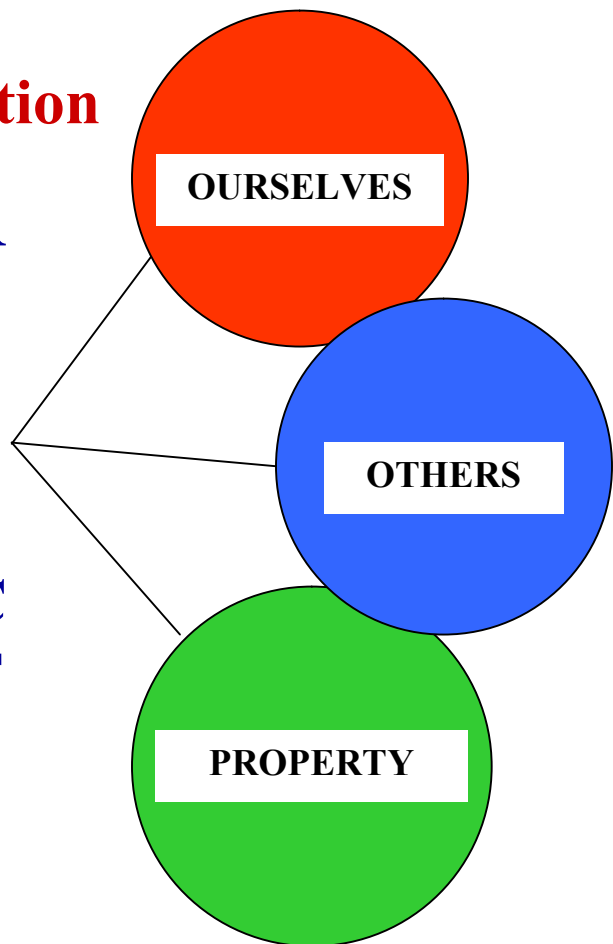
Achievement for All

Never-ending Support

Differentiated Instruction

Students **S-O-A-R**

A R C E
F G H S
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Y I V C
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SCHOOL ORGANIZATION

OUR HANDBOOK

WELCOME to Uplands Elementary School 😊. We are pleased to place in your hands a Student/Parent Handbook. This booklet will assist you in becoming better acquainted with our school. Should questions arise upon reading this handbook, please feel free to contact us. Your suggestions and input are much appreciated.

A school cannot exist in isolation from its community, nor can the community exist in isolation from its school. Staff welcomes the opportunity to discuss with you the educational growth of your child. We want the best for your child and together we can achieve it.

Please take advantage of every opportunity to become involved. We have Parent Advisory Council meetings each month during the school year. All parents are encouraged to attend.

MISSION STATEMENT

The staff, supported by parents and community, work together in a safe, secure environment to offer all students opportunities to:

- pursue excellence in all areas of the curriculum,
- become responsible for their own choices,
- develop knowledge, skills and attitudes necessary to succeed both independently and cooperatively,
- become lifelong learners.

CORE VALUES/BELIEFS

At Uplands Elementary School, the staff and parents seek to offer students opportunities and encouragement to:

1. Develop fullest potential as individuals and members of society.
2. Experience academic success, emotional wholeness and physical development.
3. Be responsible for own behaviour, both learning and social.
4. Learn to respect self and others' beliefs and rights.
5. Develop ability to assess and solve problems, creatively and appropriately. To accomplish this, the staff, parents and students will communicate and cooperate, creating a positive learning environment.

UPLANDS STUDENTS

Safety

- ❖ *Practicing safety for ourselves and others*

Organization

- ❖ *Being prepared for learning*

Achievement

- ❖ *Achieving success by trying our best*

Respect

- ❖ *Respecting ourselves, others and property*



STAFFING 2009/2010

Division	Teacher	Room No.	Grade
1	Mrs. Linda Kantz	21	5
2	Ms. L. Porteous/Mrs. S. Johnston	16	4/5
3	Mrs. Michelle Swaren	18	4
4	Mrs. Sarah Guest	26	3/4
5	Mrs. Janice MacIntyre	20	3
6	Ms. Judy Street	6	2/3
7	Mrs. Jessica Kelly	7	2
8	Mrs. Alice Hancock	8	1/2
9	Ms Maryann McLean	9	1
10	Mrs. Jane Merritt Mon/ Wed.	5	K
11	Mrs. Jody Scotchburn Tue/ Thur.	5	K

Principal	Mrs. Susan Johnston
Secretary	Ms Shelly Leiding
Library / Music	Mrs. Cyndie Salting
Special Ed.	Mrs. Kathie Bryce
Certified Education Assistant	Mrs. Debbie Gratton
Certified Education Assistant	Mrs. Kathy Stewart
Certified Education Assistant	Mrs. Monica Schimmer
Certified Educational Assistant	Ms. Jordanna Pounder
Certified Educational Assistant	Mrs. Laurie Hepso
Support Worker (Aboriginal Education)	Mrs. Lorraine Johnson
Counsellor / Psychologist	Mr. Dave Kroschinsky
Speech/Lang	Ms Heather McMillan
Occupational Therapist	Ms Gayle Walford
Hearing Specialist	Ms Jill McCullum
Custodian	Mr. Brian Delorme
Custodian	Mr. Jim Perry
Library Clerk	Mrs. Sandy Woodford

SCHOOL DISTRICT STAFF: SD # 67 250-770-7700

Ms. Wendy Hyers
Superintendent of Schools

Mr. Frank Regehr
Secretary-Treasurer

Mrs. Pam Butters
Director of Instruction
Student Services

Mr. Tom Schimmer
Director of Instruction

Mr. Dave Burgoyne
Director of Instruction
Human Resources

Mr. John Hickling
Director – Operations

Mr. Ron Shongrunden
Director – Finance & ICT

THE BOARD OF EDUCATION

School District No. 67 (Okanagan Skaha) is governed by a Board of Education, publicly elected every three years to represent the interests of local communities in public schools. The current board of trustees (below) were elected in 2008.

Governance of the school district is enhanced through the effective operation of committees and trustee assignment to both boards and agencies and to regular liaison processes with schools. Separate committees and school liaisons have been established to deal with specific areas within the Board's jurisdiction. The SD67 Board of Education is dedicated to the vision of 'improving the achievement of all students'. The Board is committed to developing a learning organization based on three critical elements: 1) a clear, compelling student achievement focus; 2) a collaborative learning environment and 3) strategies and structures for improving student results.

Three District Goals has been established: Literacy, Numeracy and Social Responsibility. The SD67 partner groups (students, teachers, support staff, administrators, parents and Board) identified these goals in September, 2003. Since that time, the district has established working groups to provide leadership and support and the schools are actively working with their staffs and planning councils to pursue their goals. Much work is being done to ensure that we have improvement plans that can increase student success. For more information about the District Vision and Goals, please check out the SD67 District Progress Report. The Board of Education meets on the second Monday of every month, at 7:30 p.m. in the Board Room at the School Board Office, 425 Jermyn Avenue, Penticton. Public and parents are welcome to attend all regular school board meetings.

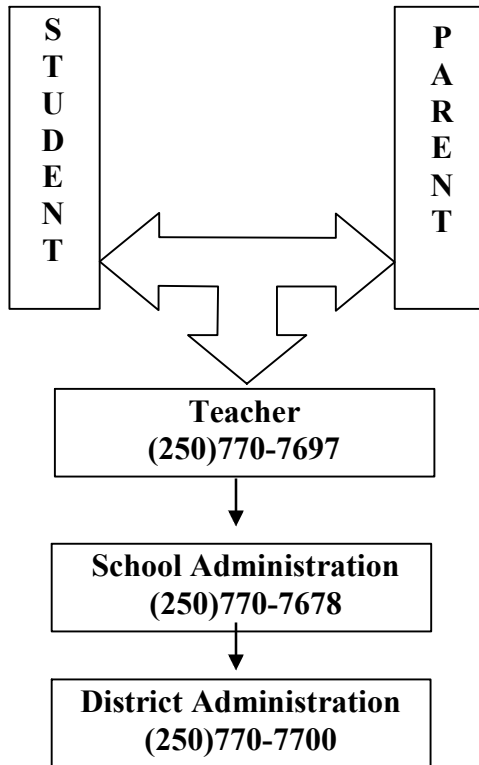
School District No. 67 (Okanagan Skaha) BOARD OF EDUCATION DECEMBER 2008 to NOVEMBER 2011

Trustees	E-Mail	School Liaisons Dec. 2008 to Sep., 2009
Shelley Clarke	seclarke@summer.com	<ul style="list-style-type: none"> • McNicoll Park Middle • Uplands Elementary • Wiltse Elementary
Connie Denesiuk	connie_denesiuk@telus.net	<ul style="list-style-type: none"> • Summerland Middle • Trout Creek Elementary
Larry Little Chair	llittle@summer.com	<ul style="list-style-type: none"> • Carmi Elementary • Parkway Elementary
Ginny Manning Vice Chair	ginny@vip.net	<ul style="list-style-type: none"> • Kaleden Elementary • Naramata Elementary • West Bench Elementary
David Perry	dperry@summer.com	<ul style="list-style-type: none"> • Columbia Elementary • Princess Margaret Secondary • Skaha Lake Middle
Tom Siddon	tsiddon@summer.com	<ul style="list-style-type: none"> • KVR Middle School • Queen's Park Elementary • Penticton Secondary
Linda Van Alphen	vanalphenl@shaw.ca	<ul style="list-style-type: none"> • Giant's Head Elementary • Summerland Secondary

PROBLEM SOLVING

How do I help my child solve a problem at school?

The first step is communication.



You will find the staff are as concerned with your child's welfare as you are, and they will do everything in their power to help the student.

On some occasions, your child's teacher may not have the necessary resources for solving the issue on hand. The School Administration is then the person to see. If the School Administration does not have the resources for solving the problem he/she will then direct you to a District Administrator.

At left is a diagram showing the steps encountered when working towards solving problems.

PARENT ADVISORY COMMITTEE (P.A.C.)

The Uplands Parent Advisory Committee is a supportive group that formed to encourage active parental participation in our school. It consists of parents, teachers, and school administration. P.A.C. is also very active in fundraising to provide a means for more educational experiences for our students. (see p. 17)

Elected members of P.A.C. are also on the School Planning Council (S.P.C.).

SCHOOL PLANNING COUNCIL (S.P.C.)

The School Planning Council reviews the School Progress Report, and is to be consulted regarding programs, class size/composition, as well as resources. The development of the School Progress Report is ongoing, as we continue to look for ways to improve the education of our students.

UPLANDS' SCHOOL CALENDAR 2009 – 2010

September and October	Seasonal Sport:: Soccer/Cross Country/LaCrosse
September 8,	First Day of School (9:00 A.M. – 12:00 P.M.)
September 23	Open House/Shakewood Annie Dance/Pizza Supper @ 5:30
September 25	Terry Fox Run
October	Smart Learning Rounds
October 9	Introduction to Block X - <i>Making Character Count</i>
October 22	Grade 5 Leadership Conference
October 23	Professional Development Day – (schools closed)
October 29,	Pumpkin Carving (evening)
October 30	Monster Mash Assembly and Parade
November and December	Seasonal Sport:: Volleyball/Newcomb
November 3 – 5	Early Dismissal Days for Parent/Teacher Interviews
November 10	Remembrance Day Assembly
November 27	Term 1 Report Cards sent home
December 4	Santa's Workshop
December 10	Winter Concert
December 18	Sing-a-long
December 18	Winter Vacation Begins (last day of school)
January and February	Seasonal Sport: Basketball and Gr. 4/5 Open Gym
January	Spelling Bee Club
January 4	Schools Reopen
January 25 – 29	Stop, Drop and Read
January 28 th	Masabo Performance @ 9:00
January 29	Read In and Spelling Bee
February 4	Ready, Set, Learn
February 8 – 12	Random Acts of Kindness Week
February 17	Parent/Teacher Interviews (Early Dismissal)
March	Seasonal Sport: Floor Hockey/LaCrosse
March 5	Spring Break Begins (last day of school)
March 22	Schools Reopen
March 26	Term 2 Report Cards sent home
April	Seasonal Sport: Cross Country/Badminton
April 2	Good Friday (schools closed)
April 5	Easter Monday (schools closed)
April 22	Earth Day Assembly/Performance
May	Seasonal Sport: Track & Field and Cross Country
May	Environmental Mind Grind
May	Talent Show
May 24	Victoria Day (schools closed)
June	Seasonal Sport: Track & Field and Cross Country
June 16	Uplands PAC BBQ
June 18	Fun Day
June 23	Grade 5 Farewell Ceremony
June 29	Last day of School and Term 3/Final Report Cards

**Weekly Assemblies will be held Mondays at 1:15. Parents are welcome to attend!
Information about special events/assemblies/activities will be in our newsletters.**

Bell Schedule

Warning Bell – 8:50

School begins – 8:55

Recess – 10:25-10:45

Lunch – 12:15 – 1:00

School Ends- 2:45

Both Kindergarten Full Day Programs follow the same bell schedule on their days of instruction.

LUNCH PROGRAM

Lunch program is every Wednesday. Students have the opportunity to pre-order their Wednesday lunch via notices that go home approximately 3 times per year. The Board of School Trustees Social Responsibility Work Group has established new guidelines for food choices in schools. All schools have a transition plan which began in 2006 . It is to be fully implemented by 2009. Starting last year, Uplands Elementary began to offer some healthier food choices in accordance with these guidelines.

The lunch forms will be sent home on a Friday covering a period of 10 -12 weeks. Please return the form no later than the following Wednesday. No late orders will be accepted due to ordering schedules! Please make cheques payable to Uplands PAC. Please indicate your child’s name and teacher’s name on the cheque (or envelope if it is a cash payment). Please let your child know if they are receiving a hot lunch that day.

We need a support team to help fill and deliver food bins as well as assist kids in the classroom. If parents or grandparents are available any Wednesday morning from approximately 11 am until 12:20, would you please fill out the bottom of your child’s hot lunch form. We can’t run a successful program without volunteers!

As well, Uplands school promotes a “Healthy Food Team” made up of representatives from school administration, support staff, teachers, and parents. The team meets to respond to the guidelines, identify school issues and develop policies on promoting and encouraging healthy choices in our school. If you are interested in participating, please contact your PAC representatives.

DAILY PHYSICAL ACTIVITY

The Ministry mandates that elementary students are to receive thirty minutes of physical activity at school each day. Uplands takes pride in providing physical activity through cross country running, *Action Schools*, fun movement/aerobic exercises to music or video and a variety of activities through our Physical Education and Extra Curricular programs. We request that students keep a pair of running shoes at school so they are ready to take part!!

STUDENT SAFETY

REPORTING ABSENCES

We would request your co-operation by reporting student absences by telephoning the office at 250- 770-7678. Please feel free to leave a message on the school answering machine before or after office hours.

SCHOOL VISITS

When visiting the school or a classroom, we request that you check in with the office as you arrive. We also request that you make arrangements with the classroom teacher before visiting a classroom.

WHEN CHILDREN ARE ILL

In fairness to all, please do not send your child to school if there are definite signs of ill health in the morning. We have neither the facilities, nor the personnel to care for sick children. Good health is necessary for effective learning. Students who are ill should not attend school until their health is reasonable.

Students who become ill during the day are to go directly to their teacher. Our policy is to get students who are ill home as quickly as possible. Our practice will be to call parents and ask that the student be either picked up or given parental permission to go home. For this reason, it is important that parents keep work and emergency phone numbers current.

EMERGENCY FIRE DRILLS

Regular fire drills and earthquake drills will be held throughout the year to practice student safety procedures.

LOCK DOWN

Lock down protects staff and students from a **threat inside the building**, such as an intruder, when it may be more dangerous to leave the building by directed evacuation than to stay in a secured room. Lock down may be used when there is **no possibility of uncontrolled fire or explosion**.

WHEELED EQUIPMENT SAFETY

Parents are asked to review bicycle safety with their children. Cyclists must always ride single file with the traffic when they are on the road and they must know and follow the rules of the road. ***We expect all students to wear CSA approved helmets as per the helmet laws.*** Students must walk their bicycles on the school grounds and stay out of the parking lot.

Students bringing bicycles to school are expected to lock them in the bicycle racks upon arrival. All students must stay away from the bicycles during the school day.

Students who use roller blades to travel to and from school are asked to remove the blades upon arrival on the school grounds. For the safety of all students and adults, do not blade on the sidewalks or ramps.

SKATEBOARDS

Students who wish to skateboard to school must wear an approved helmet and safety gear. When arriving on school property, the student is expected to carry their skateboard into the school office where it will be stored safely until the end of the day. Skateboards are **not** to be ridden on school property.

CROSSWALK ON JOHNSON ROAD

All students who cross Johnson Road must use this crosswalk with the flashing light system. There is no crossing guard. Students with bicycles should walk their bikes across Johnson Road using the crosswalk.

PARKING LOT SAFETY

When visiting the school, parents are asked to use the parking lot for their vehicles. ***Parents are encouraged to enter on the south end and exit on the north end of the parking lot.*** Please use extreme caution. Our concerns are for the children's safety. Please no parking in the driveways to drop off students.

Please follow these directives to keep our students safe:

1. Do not use the No Parking – Bus Zone as a parking/stopping area or student drop-off area.
2. Parents dropping off children may enter the parking lot, park, drop off their children and then exit at the north end of the parking lot.

STUDENT SERVICES

STUDENT SERVICES

It is the responsibility of Mrs. K. Bryce to assist students and teachers to plan and implement special programs for children within the regular classroom setting. These programs could be remedial or enrichment. Students in this program will be screened by the School Based Team which is comprised of the Learning Resource Teacher, the School Counsellor, the Principal and the Classroom Teacher(s).

COUNSELLING

Our school counselor, Mr. D. Kroschinsky, works with students, staff and parents addressing preventative, developmental and crisis issues. Mr. Kroschinsky works with students as individuals or in small groups and is available to parents and staff members for in-service. Access to Mr. Kroschinsky comes through a referral to the School Based Team.

SUPPLIES AND TEXTBOOKS

All students are responsible for providing their basic school supplies as requested on the supply list. In addition, students are loaned textbooks during the year. Students are asked to treat their books with care as they will be charged for damaged or lost textbooks.

USE OF THE STUDENT TELEPHONE

The UPAC has made available a telephone for student use. It is expected that students will use this phone for special circumstances and not for social calls. Making arrangements for playdates and other social accommodations should be done at home with the knowledge of all parents involved. Students must obtain a **Permission to use School Phone** slip prior to use. Consideration is the key word.

LIBRARY

It is very important that our students learn how to access and use resources and manage information. Our library is open for classes during the school day and for general student use at other times. We have an extensive magazine collection as well as paperbacks and all the reference materials you might expect from a modern library. Our librarian, and her assistant, work hard at keeping our library an exciting place for children to learn.

LOST AND FOUND

Frequently items such as clothing, gym strip or lunch boxes are mislaid. If the items are labeled with names, it greatly assists in their speedy return. A Lost and Found box is kept in the hallway next to the gymnasium and we encourage students and parents to check this box if something has been misplaced. Smaller items such as keys and jewelry are normally kept in the office. Bicycles brought to school should always be left locked in the racks to ensure they are not "lost".

STUDENT PROCEDURES and EXPECTATIONS

DAILY PROCEDURES – Students will:

1. Arrive at school **no earlier than 8:30 a.m.** unless requested by a teacher.
2. Use designated doors for entering or leaving the school. **Primary students** will use their classroom door. **Intermediate students** will use the south and west doors.
3. Remain in their classrooms to eat lunch until the 12:25 bell, and should go outside by the 12:35 bell. Students going home for lunch are expected to go home directly after the 12:15 dismissal bell.
4. Have permission to remain in the classroom at recess or at lunch when circumstances warrant it. The teacher will put on the board the names of those students who have permission to be inside.
5. Be outside during recess and lunch, except on inclement days (see below).
6. Be expected to walk quietly and safely to and from all activities in an orderly manner. We use common sense and safety as our guide.
7. Play on the playground and grassy areas. The parking lot and the front of the school on the gravel area or around the bicycle racks are off limits for play.
8. Walk bicycles on the school grounds.
9. Participate in sport and play in a safe manner.
10. Dress appropriately for school (including P.E. and gym activities).
11. Be expected to adhere to our school's Code of Conduct (pp. 14, 15)

INSIDE DAYS

While we expect our youngsters to be out in the fresh air whenever possible, during inclement weather “inside” days will be announced either by notices on the doors or on the PA system.

If so, students may quietly remain in their classroom or attend specified supervised areas, such as the Library Computer Room or Gym.

ASSEMBLIES

Students attend and participate in assemblies every Monday at 1:15 p.m. in the gym. Parents are more than welcome to attend. You will be notified of any special assemblies throughout the year. ☺

Uplands Elementary School Code of Conduct

Rationale

Uplands Elementary School believes that student learning is optimized in an environment that is safe, caring and orderly. Such an environment is built on a foundation of respect. Respect for self, respect for others, and respect for property and procedures. Expectations for student conduct should help create such an environment.

1. Scope of the Uplands School Code of Conduct

The Code of Conduct applies to students of Uplands School engaged in, present at, or attending:

- school or any school activity on school premises.
- travel in a school bus or other transportation arranged by the school.
- any activity sponsored by, organized by or participated in by the school regardless of time or place.

2. Expectations:

Uplands School expects students to show respect:

for self by:

- attending school daily and on time.
- working diligently at their studies.
- maintaining a healthy lifestyle and attitude.
- maintaining appropriate standards of language, dress and hygiene.

for others by:

- adhering to classroom and school rules.
- maintaining courteous and respectful relationships with fellow students, staff and volunteers.
- demonstrating respect for all people and for the diversity of people.

for property by:

- respecting personal property.
- respecting the property of others.
- respecting school and public property.
- respecting neighbourhood property.

for procedures by:

- walking bicycles and wheeled toys on the school grounds.
- arriving at school after 8:30 am unless supervised by an adult or staff member.
- leaving the school grounds by 3:00 pm unless supervised by an adult.
- following lunch etiquette and eating times 12:15 to 12:35 pm.
- entering the school using classroom doors or south and west doors.
- using learning areas only when there is adult supervision.
- remaining on school grounds or at school activities while school is in session.

Uplands School regards the following as examples of serious misconduct which are not acceptable in the school or on school outings:

- physical or emotional violence.
- verbal or physical harassment or intimidation.
- bullying, including cyber bullying.
- discrimination contrary to the BC Human Rights Code.
- possession, trafficking or use of illegal substances such as drugs or alcohol.
- possession and/or use of weapons.
- possession and/or use of noxious or toxic substances.
- possession and/or use of fireworks or incendiary devices.

3. Consequences of Unacceptable Conduct

Where appropriate, consequences for unacceptable conduct should involve restitution. Restitution is an approach to discipline that is based on the recognition that young people will make mistakes. By focusing on how a young person can correct a mistake, rather than on punishment this approach emphasizes positive solutions to problems and enhances student responsibility and self discipline while leaving the child's dignity intact.

On those occasions when corrective efforts fail to result in a student complying with the expected conduct standards disciplinary action will recognize and follow these principles:

- misconduct must be dealt with on an individual basis.
- each case of misconduct shall be dealt with as expeditiously as possible.
- as students become older expectations become higher and consequences become greater.
- disciplinary consequences should be progressive in nature.
- when deemed appropriate, parents/guardians shall be involved.
- severe, group or retaliatory behaviour will warrant stronger consequences

In cases of property damage, the School Act assigns a liability for costs to the parents and student(s) involved.

Special consideration may be given to students with special needs if these students are unable to comply with expectations due to a disability of an intellectual, physical, sensory, emotional or behavioural nature. When students with identified special needs require intervention regarding their conduct the school will ensure that:

- such students have been adequately assessed.
- appropriate interventions are in place.
- planning is undertaken to prevent further incidents of a similar nature.

GUIDELINES FOR SUCCESS

Respect Self, Others and Property

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ALL SETTINGS	HALLWAY	PLAYGROUND	CLASSROOM	ASSEMBLY	BUS/ CROSSWALK
* Be on task * Give your best effort * Be prepared	* Walk quietly and calmly * Tidy cloakroom * Hats off	* Hands/ feet to yourself * Play safe	* Come prepared * Do your best	* Sit in one spot * Keep hands to yourself * Listen/Look	* Wait calmly in single file * Practice safety
* Be kind - hands and feet to yourself * Share with others	* Walk on right hand side * Phone - use pass, line up, wait your turn	* Hands/ feet to yourself * Include others in games and share	* Help others * Follow directions * Listen, use inside voice * Raise hand	* Listen/ Look at speakers * Use appropriate applause	* Extend courtesy to driver and peers * Stay in seat
* Recycle-clean up after yourself * Put litter away	* Enter/exit at correct doors * Line up quickly and quietly	* Be kind to trees * Use equipment properly * Pick up litter	* Keep tidy * Share * Use materials appropriately	* Take care of any equipment being used	* Remember all your belongings * Play only on grass

UPLANDS STUDENTS' SOAR SLIPS

☺Students are given positive reinforcement for demonstrating our SOAR acronym (*Safety, Organization, Achievement, Respect*) around the school. Staff watch out for students doing a variety of positive actions and give them a **SOAR** slip to put in the **STUDENTS' SOAR** box. Draws are made at assemblies to recognize students for their positive efforts and when the box reaches the "Reward Line," a whole-school award is given.

UPLANDS STUDENTS SOAR

First Name/Last Name Div.

<input type="radio"/> practicing	S afety
<input type="radio"/> being	O rganized
<input type="radio"/> demonstrating	A chievement
<input type="radio"/> showing	R espect

Supervisor

PARENT OPPORTUNITIES

UPLANDS PARENT ADVISORY COUNCIL (UPAC)

Purpose

To promote and support education and to contribute to a sense of school community at Uplands Elementary School.

Objectives

To enhance communication between:

Parents ⇨ The Board of Education

Community ⇨ School

Students ⇨ Administration/Staff

- To provide a formal means of consultation and recommendations for budgetary matters, curriculum offerings, learning resources, facilities and equipment and new instructional programs.
- To promote co-operation between the home and the school in providing for the education of children.
- To promote involvement of parents and other community members.
- To organize and provide additional resources to the school through volunteer activities.

PAC Meetings

Meetings are held monthly in the school library. At these meetings decisions are made affecting your children, and your input is important. All parents are welcome.

Executive

Chairpersons: TBD

Secretary: Kirsten Odian

Treasurers: Jennifer Brill and Simone Peters

Hot Lunch: Cristin Olafson, Doris Tilley and Ashley Abrosimo

1:1 Reading: Shannon Bull

Classroom Parent Reps.

Div. 1: Kirsten Odian

Div. 7

Div. 2: Michelle Kincade

Div. 8 Jen Brill

Div. 3 Viv Lieskovsky

Div. 9

Div. 4 Karen Dunham

Div. 10

Div. 5

Div. 11 Iris Say

Div. 6 Barb Main

VOLUNTEERS

Our volunteers' time and talents are much, much appreciated!☺ Working together with students, parents, staff, and the community to best meet our students' needs is what school is all about!! If you are interested in offering your services, please contact the school and we'll be more than happy to sign you up!!☺

COMMUNICATION

At Uplands School, good relations between the school and its community have been one of our important goals. Good relations depend upon good two-way communication. The establishment of both leads to the creation of a better and more positive learning environment for the child.

To achieve this, the school uses a number of different means:

1. Formal parent-teacher interviews.
2. Informal parent-teacher interviews, phone calls, etc.
3. Formal progress reports (three)
4. Open House (School-wide in September)
5. School Newsletters
6. P.A.C.
7. Special Programs
8. Class Bulletins
9. Office binder containing copies of all notices sent home
10. Student Daily Planners (Intermediate)
11. Weekly assemblies
12. Daily announcements

All newsletters and bulletins that are sent home are kept in a binder in the general office. Any parents who feel that notices are not getting home, may come to check the binder. Our monthly school newsletter will be sent home on at or near the beginning of each month.

STUDENT OPPORTUNITIES

CURRICULAR PROGRAMS

The students in both the **Primary Program** and the Intermediate Program, follow the Provincial Curriculum. The Primary Program nurtures the continuing growth of children's knowledge and understanding of themselves and their world. It provides a safe, caring, stimulating environment where learning flourishes. The Program recognizes that children are individuals and that every child is unique. The Program honours the development of the whole child in the areas of Aesthetic and Artistic Development, Physical Development, Intellectual Development, Emotional and Social Development, and the Development of Social Responsibility. Assessment and evaluation are viewed as integral components of the teaching-learning process in that they assist the teacher in making appropriate educational decisions. The Program also values teachers and parents as partners in the child's education. Teachers and parents consult and collaborate to create for each child a climate of respect, success and joy necessary for lifelong learning.

Children in the Primary Years

A Time of Wonder

Ministry of Education (FCG128)

The **Intermediate Program** extends the experiences of the Primary years. This Program honors the integrity of the learner and nurtures a disposition towards lifelong learning. Teacher that attends to the developmental needs of each young person enables learners to understand themselves and their world and to develop their capacities to think critically, communicate effectively, care deeply, and act wisely.

The Intermediate Program provides for different rates and styles of learning, and recognizes the individual learner's developmental needs and interests. It stresses the importance of active learning where curricular integration allows students to make meaningful connections between various related subjects and experiences.

*The Intermediate Program – Foundations
Ministry of Education (CG0294)*

EXTRA CURRICULAR ACTIVITIES

ATHLETICS

Uplands School has a good Athletics Program which enables students to develop skills in a sequential manner throughout their elementary years. There is a high level of expectation in sportsmanship, commitment and participation.

CLUBS AND ACTIVITIES

A number of activities that cater to special interests are offered at lunch and after school. Active participation in all aspects of school life increases learning experiences.

We are in constant need for club and activity sponsors. Please contact the school if you are interested and able to help.

COMPUTER LAB USE

It is a PRIVILEGE to use the lab, not a RIGHT

- If you are asked to leave the lab by a supervisor, please do so quickly
- Please leave your station neat for the next user.
- If you are using the lab out of class time you must be working on a specific assignment.
- Be RESPONSIBLE when printing – HELP save toner and paper
- To print you must have your teacher's permission (do not print off the Internet without permission)
- Students have access to the Internet with their teacher's supervision. Parents must complete a "Student Consent for Access to Networked Information Services" which gives a student permission to use the Internet.

PARENTAL CONSENT FORM

- Parents must complete a Parental Consent Form which will be kept on file in the office. The form allows students to travel to authorized school activities (sports events or class field trips). The form also includes consent for pictures, interviews and media).

VOLUNTEER DRIVER INFORMATION FORM

- Parents who are transporting students in their own vehicles are requested to complete a “Volunteer Driver Information Form”. Complete with copy of a valid drivers license and valid insurance. These are located in the office.
- Parents must also complete a Criminal Records check prior to the date of volunteering. The form can be obtained at the school office or from the RCMP office.

CRIMINAL RECORD CHECK

- All parents who wish to volunteer in our school must complete a criminal record check . These forms can be obtained at the office.

FIELD TRIPS

Our students participate in a number of field trips throughout the year. Below are some examples of possible fieldtrips this school year:

Kindergarten: Firehall, Farmer John’s, Museum, Safety Village, Haven Hill, Public Library, Orchard visit.

Grade 1: Museum, Safety Village, Sun Village.

Grade 2: Museum, Safety Village, Art Gallery, Tennis Lessons

Grade 3: Museum, Symphony, Swimming Lessons

Grade 4: Museum, Nk’mip, Aboriginal PowWow, Tennis Lessons

Grade 5: Museum, Leadership Conference at Uplands, Vernon Science Centre/O’Keefe Ranch, Cross Country Skiing

All classes participate in LaCrosse activities during P.E. for one week (Fall, Spring)

All classes attend the Children’s Festival at the discretion of the teacher.

All classes will have the opportunity to go skating if ice is available for us to use.

Some other opportunities will be to attend drama or musical presentations at our Secondary and/or Middle Schools depending on the age appropriate subject.

If you any questions about any of these trips or the School Board requirements for volunteering in our school, please see your child’s teacher.

PUBLIC HEALTH

Public Health Nurses promote the optimum health of school age children and youth by promoting health and safety, protecting from communicable diseases, promoting a healthy school environment, supporting the health related parts of the Career and Personal Planning Curriculums and assisting in action taken on health issues of school-aged children and youth.

Immunization

The Public Health Nurses, with the assistance of the school secretary and health unit staff, will contact parents of Kindergarten children to obtain their immunization records. Those students with immunization not up to date will be offered adequate immunization. Diphtheria, Tetanus, Pertussis and Polio vaccine will be offered to Kindergarten students. There will be a Health Fair in the Spring for immunizations.

Vision/Hearing Screening

If you are concerned about your child's vision, please contact your doctor or eye doctor (optometrist or ophthalmologist). Please contact Public Health or your Local Health Unit, if you have concerns about your child's hearing.

Medications

. The Public Health Nurse will provide consultation regarding requests for administration of medications in schools. A completed Request for Administration of Medications at School Form must be returned to school before medication can be given. The form must also be signed by the family physician. *Forms are available at the office.*

Medical Alert Planning Form

This form is to provide prompt information regarding any student who may require emergency care while at school (e.g. epilepsy, diabetes, serious allergy, etc.). *Forms are available at the office.*

Head Lice

One of PAC's many services is checking for head lice when outbreaks occur. If you can be part of this group, please contact the school or PAC. Parents are responsible for the treatment of head lice. Public Health is available for consultation and education.

Students with Special Needs

The Public Health Nurse is available for school based team meetings, consultation, and as a resource for parents. She is one of the initial contact persons for children eligible for Nursing Support Services. (These programs provide assistance for children with severe disabilities.)

Health Education

The Public Health Nurse is available for consultation, and on a limited basis, for health teaching in the classroom (e.g. child abuse, dating violence, healthy body image, healthy choices, nutrition, communicable disease, assertiveness, maturation, STD, AIDS). She can also assist with parent information meetings.