



# SKAHA LAKE MIDDLE SCHOOL

## "HOME OF THE SHARKS"

110 Green Avenue West, Penticton, BC V2A 3T1  
Phone (250) 770-7674 Fax (250) 492-6108

Winter 2011

<http://sd67.bc.ca/schools/skahalake>

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**Principal/Vice-Principal's Message:** We have just completed the end of our first term and we hope that it has been a very positive experience for your son or daughter. We are so pleased to see our students take advantage of the many sports, music, student leadership and other club and academic activities that are offered at SLMS. Our most successful students are the ones who get involved at their school.

Research and experience tells us that regular communication between home and school is one of the best ways of supporting your child. The planner is an effective tool that can be used to keep in touch with your child's teachers. Our newsletters will also update you on activities and events taking place as well as celebrating the successes of our students in their many endeavours. Finally, we would like to invite parents to get involved at the school by coming to PAC meetings on the 2<sup>nd</sup> Wednesday of each month. We can all work together for student success.

Mr. D. Brunelle, Principal

Mr. T. Bond, Vice-Principal

### REPORT CARDS

Report cards will be handed out to students on December 9<sup>th</sup>. The attached letter from Wendy Hyer, Superintendent of Schools, provides information on your child's report card as well as the current teacher job action.

Contact your child's teacher if you have any questions or concerns. A list of teacher email addresses is provided in this newsletter and is available on the school website.

### YEARBOOKS ON SALE AFTER CHRISTMAS!

Our 2011-2012 Skaha Lake Middle School Yearbook is in production and we think students and parents will be really pleased with the 64 page full colour product. **Yearbooks go on sale after Christmas until spring break for \$35.** After spring break the price goes to \$40. We have a maximum order of 150 so first come first served. Don't be disappointed! Yearbooks will be delivered near the end of June. Please bring your cheque payable to SLMS or money to the office.

### SCHOOL FUNDRAISING EVENTS

**Chocolate Sales:** Our chocolate sales fundraiser was very successful this year with the students raising \$3,975 towards school activities.

### PAC NEWS

There will be no PAC meeting in December. The next meeting will be on January 11<sup>th</sup> at 7:00 pm in the library. Everyone is welcome!

### PARENT WORKSHOP SERIES

The District Parent Advisory Council is sponsoring a Parent Workshop Series to help parents get information and learn new skills on how to deal with teen issues.

**Location: McNicoll Park Library**

**Time: 6pm – 7pm**

**Dates and Topics:**

- December 15 "How to Keep Your Teen Safe",  
Laura Pettigrew, Presenter
- January 19 "How to Help Your Teen with  
Homework", Shona Becker, Presenter
- February 16 "Helping Your Teen with Anxiety",  
CYMH worker or F.O.R.C.E.
- March 8 "Cyber-bullying: How To Help Your  
Teen"
- April 19 "Making Community Connections",  
Penticton Recreation Department

These sessions are open to all SD 67 Middle School parents. Please contact Shona Becker, McNicoll Park Middle School, 250-770-7683.

### FAMILY LIFE PROGRAM

As part of the Health and Career Education curriculum, the Family Life Program will be offered to all students at Skaha Lake Middle School from January 10-27, 2012. An information letter and course outline specific to each grade level is included with this newsletter.

## NO CHILD WITHOUT PROGRAM

The Canadian MedicAlert Foundation has developed a program to protect children and provide school officials with the help they need to address concerns about students living with chronic medical conditions, allergies or special needs. This program is called **No Child Without**. It was developed to ensure children across Canada from Kindergarten to age 14 **receive MedicAlert protection at no cost to the parent, or school**.

The program follows the child should they move to another school in Canada. *No Child Without* brochures are attached to this newsletter. If you choose to participate in the program, contact MedicAlert directly with the brochure contact information. Visit [www.nochildwithout.ca](http://www.nochildwithout.ca) to learn more about the program.

## BIG BROTHERS AND SISTERS OF THE OKANAGAN

We are thrilled to be working with Big Brothers and Sisters of the Okanagan again this school year. We currently have just over 40 students involved with programs at SLMS. Go Girls is running at the grade 6, 7 and 8 level. We also have students from Princess Margaret coming to mentor/tutor students. Some of the mentor pairings have been in place for over a year. We are grateful to Stacey Bousfield, Helen Brownrigg, Pamela Hansma, Elektra Logan, and Pam Teigen from Big Brothers and Sisters of the Okanagan for helping to bring these programs to Skaha Lake Middle. We hope to be continue with these groups and we will be adding a "Go Girls 6/7" and a boys "Game On" group, and a Friends 7 program in division 7-8 in the spring! Thanks to all involved. If you have questions about these programs or inquiries how to have your student involved contact Mrs. Ganton.

## BC SCHOOL FRUIT AND VEGETABLE NUTRITIONAL PROGRAM

In January 2012 we will be enjoying the BCSFVNP (BC School Fruit and Vegetable Nutritional Program). Students will receive a fruit or vegetable snack in the classroom. Please see the attached yellow "reverse permission" form. If you **do not** wish your child to participate in the program **OR if there are allergy concerns** please return the form. If we do not receive the form back, we will assume your child is participating. Listen for reviews and comments from the students about this exciting new SLMS program!

## SLMS BREAKFAST PROGRAM ~ A Community Effort ~

We would like to send out a huge *SLMS Thank You* to the following community businesses for supporting our breakfast program:

**Cobs Bread Riverside Village:** Our students love the Cobs bakery bread and line up to enjoy the nutritious and delicious toast.

**London Drugs:** for the toasters for our breakfast program. We appreciate the new toasters and they are well used by our students and staff. Thank you to Colin Campbell, store manager for making this possible.

In our school community:

**The SLMS PAC** has been funding supplies and food purchases ensuring that we are able to keep our breakfast program free for students.

To our volunteers:

We have a group of fabulous volunteers who are helping to keep our breakfast program running smoothly. We would like to thank the phenomenal group of CEA's and Teachers who contribute to the program on a daily basis.

We would also like to thank Mrs. Chandler and the student shoppers who get all the supplies for the program.

Mrs. Symonds and her grade 8 class for cleaning and organizing at the end of each morning shift!

Amazing Volunteers show how awesome the Shark Tank can be! Thank you!

## GIRL POWER

The South Okanagan Women in Need Society will be offering a fun self esteem group for girls ages 10-12 to meet and talk in a safe environment.

**Dates:** Every Wednesday from  
January 25–March 12, 2012

**Time:** 3:15-4:30 pm

**Location:** Call Liz for more information

To register or for more information please call Liz at 250-493-4366, ext. 102

## LIBRARY NEWS

The SLMS Library is a transition library and contains some books that have mature content. These books deal with mature subject themes such as addiction, violence, abuse, sexual content or may have coarse language. They are intended for mature readers in Grades 7 and 8. They are not intended for Grade 6 students; therefore parental consent will now be required for check-out of these items. Consent forms are available in the library and should be signed and placed in your child's planner if you wish to give your child permission to read mature content books

## GRADE 8 VOLLEYBALL

The volleyball teams at Skaha Lake Middle School concluded successful season. Both the Grade 8 Boys' and Grade 8 Girls' Sky volleyball teams reached the South Zone Finals, before falling to Summerland Middle, and KVR Middle, respectively. The Grade 8 Girls' Navy team improved throughout the year won their first matches of the year during the playoff tournament.

### *Grade 8 Girls Sky Team Roster:*

Mona Abedel-Kerim	Katie Gillard
Christine Robinson	Emma Klingspohn
Lexi Grady	Fiona Lizotte
Courtney Olexa	Caitlin Neary
Emma Brown	Brooke Hansen
Shinaaz Johal	Harnish Bhandhal

*Coach:* Mr. McElroy

### *Grade 8 Girls Navy Team Roster:*

Selena Joe	Jessica Short
Hannah Rasmussen	Savannah Hamilton
Kajol Rathore	Sylvia Barnett
Caitlyn Bearisto	Alanah Robertson
Louise Trenholm	Holly Kooistra
Paige Prosser	Kylie Gold
Keira Welz	Sally Lee

*Coach:* Ms. Anderson

### *Grade 8 Boys Team Roster:*

Brady VanRyswyk	Gurk Klar
Jake MacLeod	Dylan Knippleberg
Connor Graham	Owen Haggerty
Jacob Winstone	Nikhil Mohan
Nolan Aubie	Matt Zornes

*Coaches:* Ms. Guza/Mr. Bond

## ATHLETICS at the SHARK TANK

**Cross Country-** The cross-country team had a terrific season. We had three races this season with great running results by all! The following team members displayed excellent overall results throughout the season: Parker Meynen, Darian Johnson, Todd Corrie, Reece Haberstock, Ahsan Sattar, Emily Bowen and Belle Grant. The Track and Field season will start up in the spring, so come out and join the fun!!

**Golf** – The season began in the fall with boys and girls from grade 6, 7 and 8 playing many rounds at different courses in the area. Mother Nature ended the golf season but it will start up again after spring break.

**Field Hockey** – The field hockey team coached by Mr. Hartmann had an undefeated season this year. Students involved were committed and had fun.

**Rugby-** The team placed first in league play and went on to defeat KVR in the South Zone championship on our home field. Thanks to coaches Mr. Lovett and Mr. D-A. Run fast, jump high, hit hard!

**Basketball-** Basketball is in full swing at the Shark Tank. Thanks to all the staff and parent volunteers. Without your support, our students wouldn't have this excellent opportunity.

Gr. 8 Boys A: Raj Dhillon

Gr. 8 Boys B: Mr. Kroschinsky

Gr. 8 Girls A: Mr. Olexa

Gr. 8 Girls B: Ms. Anderson

Gr. 7 Boys: Ms. Hicks

Gr. 7 Girls: Mr. Orioli/Mr. Hartmann

Gr. 6 Boys: Mr. and Mrs. Fry

Gr. 6 Girls: Mr. Olexa

## DATES TO REMEMBER

Dec. 17-Jan.2	Winter Vacation
Jan. 3	School Opens – Day 1
Jan. 11	PAC Meeting – 7pm
Jan.31-Feb.1	Parent/Teacher Interviews 1 hour early dismissal
Feb. 8	PAC Meeting – 7pm
March 17-April 1	Spring Break
April 2	School Opens – Day 1
April 6-9	Easter Holiday Weekend
April 11	PAC Meeting – 7pm
May 9	PAC Meeting – 7pm
May 21	Victoria Day Holiday
June 13	PAC Meeting – 7pm
June 25-27	"I" Days
June 28	Awards Assembly
June 28	Report Card Pickup

PAC Meetings are the 2<sup>ND</sup> WEDNESDAY of EACH MONTH at 7PM (except December)

## PARENTING WEBSITES

Check out these websites on various parenting and teen topics.

[www.mindcheck.ca](http://www.mindcheck.ca) -- Anxiety etc

[www.keltymentalhealth.ca](http://www.keltymentalhealth.ca) - Variety of mental health topics

[www.thedoorthatisnotlocked.ca](http://www.thedoorthatisnotlocked.ca) - Cyberbullying and Internet Safety

[www.autismoutreach.ca](http://www.autismoutreach.ca) - Popard Provincial Outreach Program for Autism

[www.mcnaughtonservices.com/mcn/](http://www.mcnaughtonservices.com/mcn/) - Support Services for individuals with special needs

[www.arcprograms.com/community/mhs/fbtp.htm](http://www.arcprograms.com/community/mhs/fbtp.htm) - ARC program for students - Autism and FASD



## SLMS TEACHER CONTACT INFORMATION

To leave a voicemail phone 250-770-7674  
Email addresses are also available on the school  
website at <http://sd67.bc.ca/schools/skahalake>:

Mr. Brunelle, Principal	dbrunelle@summer.com
Mr. Bond, Vice-Principal	tbond@summer.com
Ms. Anderson	landerson@summer.com
Mrs. Caruso	kcaruso@summer.com
Ms. Dickson	sdickson@summer.com
Mrs. Fraser	jfraser@summer.com
Mrs. Ganton	lganton@summer.com
Ms. Guza	lguza@summer.com
Ms. Hall	thall@summer.com
Mrs. Hamilton	jhamilton@summer.com
Mr. Hartmann	mhartmann@summer.com
Ms. Hicks	jhicks@summer.com
Mr. Kroschinsky	tkroschinsky@summer.com
Mr. Loewen	bloewen@summer.com
Mr. Lovett	llovet@summer.com
Ms. Marsh	amarsh@summer.com
Mr. McElroy	bmcelroy@summer.com
Mr. Orioli	torioli@summer.com
Mrs. Sabourin	mcowie@summer.com
Mr. Schlackl	wschlackl@summer.com
Mrs. Stephens	mstephens@summer.com
Mrs. Symonds	dsymonds@summer.com
Mrs. Watson	jwatson@summer.com
Ms. Webb	jwebb@summer.com

## WINTER VACATION

The last day of classes before winter vacation is  
Friday, December 16<sup>th</sup>. Schools will reopen on  
Tuesday, January 3, 2012.

We would like to wish all of our Shark families a  
wonderful Winter Vacation and....

